

November 2018

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## RECENT EVENTS

With another OITE behind us, we wanted to provide you with a POS year-end update and remind you the opportunities available to resident members of the POS. Our goal is to develop a network for residents to engage in discussions on research, mentorship, and career development that will lead to a community of future leaders interested in practicing orthopaedics in Pennsylvania.

### New POS President

On October 26 in Hershey, **Dr. Asif Ilyas** from the Rothman Institute was named the 2018-2019 President. Dr. Ilyas graduated from MCP-Hahnemann Medical College of Drexel University and completed his Orthopaedic Surgery Residency Training at Temple University. After completing a fellowship at Massachusetts General Hospital at Harvard University, Dr. Ilyas returned to Pennsylvania to build his practice. He is dedicated to academic medicine, evidence-based research, and remains a steadfast advocate for the career development of the residents training under his guidance.



Dr. Ilyas has been an active member of the POS Board of Directors for several years working his way up through the presidential line. We look forward to working with Dr. Ilyas to better serve residents in Pennsylvania.

### Resident Survey

Thank you to everyone that participated in the recent Resident Survey. The results revealed notable diversity in both age and background of current residents. Ranging from 25-35 years of age, approximately two-thirds took a gap year either before or during medical school to engage in a variety of activities both medical and non-medical. Many cited practice development, mentorship, and research as areas where POS could provide support. Data collected in the survey will be used to create future events and opportunities for residents.

## 2018 Fall Meeting – Hershey, PA – October 25-26, 2018

The POS Fall Meeting, “**The New Age of Arthroplasty**”, provided insightful discussion on a variety of topics in orthopedics and arthroplasty. Prominent speakers from all over the country traveled to Hershey to join Pennsylvania’s highly respected physicians in delivering a program that received overwhelmingly positive feedback.



At the annual awards ceremony, State Representative Tedd Nesbit (R, Mercer, Butler) was named the society’s Legislator of the Year for his steadfast support of orthopaedics. Representative Nesbit sponsors POS’s mandatory opioid e-prescribing legislation (HB 353) which was signed into law (Act 96) by

Governor Wolf on October 24, 2018.

Former POS President and longtime board member, Jeffrey Baum, MD (2001-2002) received the society’s Distinguished Leadership Award as he prepares for a well-deserved retirement from the POS board and from active practice. Dr. Baum led the society with a steady-hand, respectful debate and always with grace and dignity. He will sincerely be missed and the entire Society thanks him for his many years of distinguished service.



## Second Annual Medicine and Law Discussion



Back by popular demand, the medicine and law panel discussion made its second debut as part of the meeting program., The panel of residents and law students discussed the potential impact of the *Mitchell v. Shikora* case on a physician’s ability to defend him/her self in a malpractice suit. Penn State Health Milton S. Hershey Medical Center residents Natalie

Vaughn, MD, and Shane Rothermel, MD brilliantly explained what concerns orthopaedic surgeons should have regarding the recent court ruling. Equally brilliant insight on the legal implications and the possible legislative solutions were presented by law students from Widener University Commonwealth Law School and State Representative Thomas L. Mahaffie, III. For more information on the case, what it means for orthopaedic surgeons, and what the POS is doing to protect you, [visit POS’s website](#).



## Upcoming Events Links

Submit an Abstract  
*Submit your abstract for a chance to win a cash prize*

Meeting Information  
*Checkout more meeting information on the POS website*

## Need Disability Insurance?

Guardian – Physician Planning Group

*For more information and Guardian – Physician Planning Group contact Iлона Brandt-Tom at ILONA@physician-planning-group.com*

## UPCOMING EVENTS

### Spring Webinar

"Your First Job: Choosing a Practice and Negotiating Your First Contract"

Every year, a new crop of residents starts to explore opportunities beyond residency. Whether you're five years or less than a year away from your first job, POS President Dr. Asif Ilyas will provide helpful insight into how to find and secure your first job the right way. More information will be available in early spring.

### Spring Meeting

The Pennsylvania Orthopaedic Society is gearing up for its annual spring scientific meeting and would like you to submit an application to present an abstract. This upcoming spring meeting, **Controversies in Sports Medicine and Upper Extremity** will be held at the **Disney Contemporary Resort in Florida on April 11-12, 2019**.



To submit a scientific abstract, [CLICK HERE](#). The deadline to submit a paper is December 31, 2018.

Especially for Doctors

## Great News for Surgeons and All Other Physicians

You can apply for disability insurance coverage with a true-own occupation definition of total disability.

### Why True Own-Occupation?

Our true own-occupation definition of total disability<sup>1</sup> makes it possible for you to work in another occupation and still be eligible for total disability benefits. And, if you are a physician who has limited your occupation to the performance of the duties of a single medical specialty, we consider that specialty to be your occupation.<sup>2</sup>

### INDIVIDUALLY OWNED DISABILITY COVERAGE CAN FILL THE GAP

Customizable to cover more of your income

Portable -- stays with you even if you change jobs

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## Resident Opportunities

POS OrthoPAC

*Get involved with the OrthoPAC*

Become a POS Resident Advocate

*Get involved with the OrthoPAC*

Resident Spring Newsletter  
*In case you missed it*

Resident Benefits

*Learn more about your benefits*

## Stay Connected



Download our **FREE** mobile app by searching "PA ORTHO SOCIETY" at the Apple or Android Store on your Mobile Device.

## Contact Us

[maher@paorthosociety.org](mailto:maher@paorthosociety.org)

[resident@paorthosociety.org](mailto:resident@paorthosociety.org)

# RESIDENT OPPORTUNITIES

## POS OrthoPAC (Political Action Committee)

Our contributions to the PAC are essential to ensure the voice of orthopaedic surgeons, on behalf of our patients, reaches the politicians in Harrisburg. We have an incredible team working on advocacy at the POS. Below are just some of the legislative solutions POS OrthoPAC has been involved in. Please consider supporting our cause and **contribute just \$25** to the [OrthoPAC](#).

### Opioid E-Prescribing

Provides protection for physicians and their patients by requiring that opioids and other controlled substances be prescribed by electronic means reducing drug diversion due to paper prescriptions being altered, lost, stolen or sold.

### Workers' Comp

Representatives of the insurance industry have tried to reduce workers' comp fees since the late 1990s. POS has prevented these reductions by maintaining increases in comp fees since 1993.

### Act 146 of 2016

Places limits on insurer retroactive reviews. Physician Ancillary Services Advocating to prevent limitations on physician-owned surgery centers and other important ancillary services.

### MCARE Abatement

Reduced medical liability expenses over a five-year period by an average of 100k per orthopaedic surgeon.

## Become a POS Residency Advocate

Are you interested in becoming POS's point person within your program? We are seeking Residency Advocates to help communicate POS news and information throughout the year. Please email [resident@paorthosociety.org](mailto:resident@paorthosociety.org) to apply today!

## Resident Benefits

As noted in the on the [POS website](#), you have several benefits as a Pennsylvania resident. To learn more about these benefits [CLICK HERE](#). As always, please feel free to contact us at any time if there is something we can do to better serve you. You can reach us at [maher@paorthosociety.org](mailto:maher@paorthosociety.org).

Sincerely,



Nicholas A. Bonazza, MD  
PGY-5, Penn State



Jim McKenzie, MD  
PGY-4, Jefferson

Resident Representatives to the Board of Directors