

October 9-11, 2024 • Union League Liberty Hill • Lafayette Hill, PA

# Preliminary Program



## Presidential Guest Speaker

David F. Martin, MD  
American Board of Orthopaedic Surgeons

Accreditation Information

2024 Program Committee

A sincere thank you to this year’s Program Committee for developing an outstanding scientific program. Your hard work and dedication are appreciated.

Kathryne Stabile, MD – Program Chair  
Michael Bercik, MD  
Jonathon Brown, DO  
Robert Gallo, MD  
Matthew Garner, MD  
Kenneth Urish, MD, PhD

Scientific Program Details

The Pennsylvania Orthopaedic Society’s Annual Meeting has been developed by the PAOrtho Program Committee in conjunction with the American Academy of Orthopaedic Surgeons.

Target Audience

The 2024 PAOrtho Annual Meeting is designed to meet the needs of Orthopaedic Surgeons and Orthopaedic Residents and Fellows. Information presented may also be of interest to physicians working in an orthopaedic setting.

CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Pennsylvania Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 12 AMA PRA Category 1 Credits.™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEC Credit

Physician Assistants can receive up to 12 Credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I, Level 1 CME credit for the Physician’s Recognition Award from organizations accredited by the ACCME.

Purpose

- 1. To provide participants with an unbiased educational experience that will enable them to remain current in the practice of orthopaedic surgery.



President’s Welcome  
Vincent Battista, MD

Dear Colleague,

Mark your calendars for this fall’s Annual Meeting in Lafayette Hill, PA, October 9-11, 2024. I would like to invite you to join us at Union League Liberty Hill.

Located just outside of Philadelphia, Union League Liberty Hill is an expansive property offering a variety of amenities including an 18-hole Gary Player designed golf course that sprawls across 311 acres.

This year’s Scientific Program will be led by Kathryne Stabile, MD, and will feature the latest research findings, dynamic symposia, subspecialty updates, and rapid fire sessions.

Our annual Welcome Reception, and Exhibitor Reception will provide plenty of opportunity for camaraderie and social interaction with your colleagues.

I look forward to seeing you in Lafayette Hill!

Sincerely,

Vincent Battista, MD  
President

Board of Directors

President

Vincent Battista, MD

First Vice-President

Christopher Henderson, MD

Second Vice-President

Aman Dhawan, MD

Past President

Matthew J. Kelly, MD

Secretary

Kimberly Zambito, MD

Treasurer

Jack Kazanjian, DO, FAOAO

Members at Large

Daniel Davis, MD  
Jonathan Garino, MD, MBA  
Matthew Garner, MD  
Kenneth Urish, MD

BOC Representatives

James Guille, MD  
Charles Hummer, III, MD  
Suzette Song, MD

PAMED Delegate

Barry Snyder, MD

PAMED Alternate Delegate

Paul Juliano, MD

Advocacy Committee Chair

Daniel Torres, MD

Bylaws Committee Chair

Arjun Saxena, MD, MBA

Education Committee Chair

Kathryne Stabile, MD

Membership Committee Chair

Michael Birns, MD

Young Surgeon Committee Chair

Brian Tinsley, MD

OrthoPAC Chair

Joshua Port, MD

OrthoPAC Vice Chair

Charles Hummer, III, MD



## Presidential Guest Speaker

**David F. Martin, MD**

**Executive Director, ABOS**

We are pleased to have Dr. David Martin as this year's Presidential Guest Speaker.

Dr. Martin is Executive Director of the American Board of Orthopaedic Surgery, and a Professor of Orthopaedic Surgery at the Wake Forest School of Medicine. He served as the Wake Forest Demon Deacon's Team Physician for 18 years and has treated amateur, college, and professional athletes. Dr. Martin's research interests focus on running injuries, knee injuries, throwing injuries, and orthopaedic education.

Dr. Martin graduated from Dartmouth College, received his medical degree from The Johns Hopkins University School of Medicine, and completed his residency at Johns Hopkins Hospital. He completed Orthopaedic Sports Medicine Fellowships at the Hughston Orthopaedic Clinic and the Union Memorial Hospital, and served a major in the U.S. Army Reserve.

Please join us on Thursday morning for Dr. Martin's presentation, "Update from the ABOS: How to Get Board Certified and Stay that Way."



## Accreditation Information

2. To provide participants with an in-depth exposure to various subspecialty areas of orthopaedic surgery.
3. To provide participants with an opportunity to be exposed to evidence-based orthopaedic advances, treatment, and care.
4. To provide a forum for an open exchange of ideas between the presenters, the faculty, and the participants through paper presentations, instructional courses, guest lectureships, symposia, multimedia educational sessions, and poster sessions.

## Objectives

Educational objectives will be met through a combination of paper presentations, lectures, and symposia in plenary and specialty sessions allowing open discussion with the lecturers and paper presenters. The following objectives will be addressed during the Scientific Program, such that at the conclusion of this course the attendees should be able to:

1. Critically evaluate orthopaedic diseases and treatments through evidence-based presentations.
2. Discuss basic science and clinical study advances and their implications pertaining to the diagnosis, workup, and treatment of orthopaedic diseases.
3. Enhance and maximize clinical and operative skills in the management of new and leading technology in orthopaedic disorders.

These educational objectives will be obtained through paper presentations, instructional courses, guest lectureships, symposia, multimedia educational sessions, and poster sessions.

## Disclaimer

The products, procedures, and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to the Pennsylvania Orthopaedic Society. The Pennsylvania Orthopaedic Society presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

## Physician Registration

Registration covers the Scientific Program Sessions, Meeting Syllabus, General Meeting Expenses and Continental Breakfast, Breaks, and Lunch.

# 2024 PAORTHO ANNUAL MEETING

## Scientific Program

October 10-11, 2024

### Wednesday, October 9th

12:00 pm – 5:00 pm	Board of Directors Meeting
12:00 pm – 5:00 pm	Meeting Registration
3:30 pm – 6:30 pm	Exhibitor Setup
6:30 pm – 9:00 pm	Welcome Reception

### Thursday, October 10th

6:00 am – 7:00 am	E-Poster Session
6:30 am – 5:00 pm	Meeting Registration
7:00 am – 7:05 am	Welcome and Opening Remarks

#### General Session 1 – AAOS Update

\*CME Credit not available

7:05 am – 7:20 am	AAOS Update
7:20 am – 7:50 am	<b>Focused Breakfast Presentation</b> *CME Credit not available
7:55 am – 8:40 am	<b>Rapid Fire Sessions 1A – 1C</b>
8:40 am – 9:00 am	<b>BREAK – Please visit Exhibits</b>

#### SYMPOSIUM 1 – Sports Medicine

Moderator: Robert A. Gallo, MD, Penn State Health

9:00 am – 9:10 am	Superior Capsular Reconstruction / Allograft Sam Akahvan, MD, Allegheny General Hospital
9:10 am – 9:20 am	Long Head of the Biceps Tendon Augmentation Aman Dhawan, MD, Penn State Health
9:20 am – 9:30 am	Balloon Arthroplasty Gary Updegrave, MD, Penn State Hershey Medical Center
9:30 am – 9:45 am	Arthroplasty Cases: What Would You Do? Alexandria Starks, MD, Orthopedic Associates of Lancaster
9:45 am – 10:00 am	Questions/Discussion

#### SYMPOSIUM 2 – Foot & Ankle

Moderator: Thomas Sherman MD, Orthopedic Associates of Lancaster

10:00 am – 10:15 am	TAR, TAR Revision, and Total Talus Replacement: Current Status of Ankle Arthroplasty in 2024 David Pedowitz, MD, Rothman Orthopaedic Institute
---------------------	--

10:15 am – 10:30 am	MIS in Foot and Ankle Surgery Bobby Ndu, MD, MBA, University of Pennsylvania
---------------------	--

10:30 am – 10:45 am	3D Printing for Charcot Arthropathy and Bone Voids Gerard Cush, MD, Evangelical Community Hospital
---------------------	---

10:45 am – 11:00 am	Questions/Discussion
---------------------	----------------------

**11:00 am – 11:20 am BREAK – Please visit Exhibits**

#### General Session 2 – Presidential Guest Speaker

Moderator: TBD

\*CME Credit not available

11:20 am – 11:50 am	Update from the ABOS: How to Get Board Certified and Stay that Way David F. Martin, MD, American Board of Orthopaedic Surgery
---------------------	--

11:50 am – 12:20 pm	<b>Focused Lunch Presentation</b> *CME Credit not available
---------------------	--

12:20 pm – 12:30 pm	PAOrtho Business Meeting & Awards
---------------------	-----------------------------------

12:35 pm – 1:05 pm	<b>Rapid Fire Sessions 2A – 2C</b>
--------------------	------------------------------------

#### SYMPOSIUM 3 – Spine

Moderator: John Mangan, MD, Rothman Orthopaedic Institute

1:10 pm – 1:25 pm	Title TBD John Mangan, MD, Rothman Orthopaedic Institute
1:25 pm – 1:40 pm	Title TBD Justin Stull, MD, Hackensack University Medical Center
1:40 pm – 1:55 pm	Title TBD Speaker TBD
2:05 pm – 2:10 pm	Questions/Discussion

#### SYMPOSIUM 4 – Tumor

Moderator: Lauren N. Zeitlinger, DO, UPMC in Central PA

2:10 pm – 2:25 pm	Staying Out of Trouble with Soft Tissue Tumors Cara Cipriano, MD, University of Pennsylvania
2:25 pm – 2:40 pm	Pelvis Metastatic Disease: Percutaneous Fixation and Ablation, Newer Technique for Testing Pelvic Metastatic Disease Tae Won B. Kim, MD, Cooper University
2:40 pm – 2:55 pm	Orthopaedic Oncology Cases and When to Refer Lauren N. Zeitlinger, DO, UPMC in Central PA

# 2024 PAORTHO ANNUAL MEETING

## Scientific Program

October 10-11, 2024

2:55 pm – 3:10 pm	Questions/Discussion
3:10 pm – 3:30 pm	<b>BREAK – Please visit Exhibits</b>
<b>SYMPOSIUM 5 – Outpatient Total Joints: How to Be Successful</b> Moderator: Gregory Tocks, DO, Orthopedic Associates of Lancaster	
3:30 pm – 3:45 pm	Developing an Outpatient Joint Program Gregory Tocks, DO, Orthopedic Associates of Lancaster
3:45 pm – 4:00 pm	Anesthesia for Outpatient Total Joints Jonathan Shirey, MD, Orthopedic Associates of Lancaster
4:00 pm – 4:15 pm	The Business of Outpatient Total Joints H. William Weik, Jr., Orthopedic Associates of Lancaster
4:15 pm – 4:30 pm	Questions/Discussion
<b>SYMPOSIUM 6 – Young Persons' Panel Discussion</b> Moderator: Barry J. Snyder, MD, Levittown, PA	
4:30 pm – 5:30 pm	Life and Career Lessons Learned Along the Way
5:30 pm – 6:30 pm	<b>Exhibitor Reception</b>

### Friday, October 11th

6:30 am – 7:30 am	E-Poster Session
7:00 am – 5:00 pm	Meeting Registration
7:25 am – 7:30 am	Announcements
<b>SYMPOSIUM 7 – Evolving Orthopaedic Practice</b> *CME Credit not available	
7:30 am – 7:45 am	How to Use an ATC Eva Frank, PhD, Lebanon Valley College
7:45 am – 8:00 am	How to Run an Orthopaedic Urgent Care Eric Zimmerman, PA-C, Orthopedic Associates of Lancaster
8:00 am – 8:30 am	<b>Focused Breakfast Presentation</b> *CME Credit not available

8:30 am – 9:15 am	<b>Rapid Fire Sessions 3A – 3C</b>
9:15 am – 9:40 am	<b>BREAK – Please visit Exhibits</b>
<b>SYMPOSIUM 8 – Hand</b> Moderator: Kenneth F. Taylor, MD, Penn State Hershey Medical Center	
9:40 am – 9:55 am	Carpal Tunnel Syndrome: Current Controversies David R. Steinberg, MD, University of Pennsylvania
9:55 am – 10:10 am	Distal Radius Fractures: When to Operate and When to Cast Asif M. Ilyas, MD, Rothman Orthopaedic Institute
10:10 am – 10:25 am	Simple Hand Consultations That Aren't So Simple Kenneth F. Taylor, MD, Penn State Hershey Medical Center
10:25 am – 10:40 am	Questions/Discussion
<b>SYMPOSIUM 9 – Trauma</b> Moderator: Derek Donegan, MD, MBA, University of Pennsylvania	
10:40 am – 10:45 am	It's Just an Ankle Fracture Derek Donegan, MD, MBA, University of Pennsylvania
10:45 am – 10:50 am	Ankle Fractures: 5 Tips in 5 Minutes Jean-Claude D'Alleyrand, MD, University of Pennsylvania
10:50 am – 11:10 am	Ankle Fractures: Cases that Went Right – What Would the Faculty Do? Garrett Cavanaugh, MD, Einstein Medical Center Philadelphia - Jefferson Health
11:10 am – 11:30 am	Ankle Fractures: Cases that Went Wrong – What Would the Faculty Do? Matthew Garner, MD, University of Pittsburgh Medical Center
11:30 am – 11:40 am	Questions
11:45 am	Meeting Adjourned

### CME Accreditation

The American Academy of Orthopaedic Surgeons designates this live activity for approximately 12 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. To ensure correct CME credit is awarded, please complete the PAOrtho 2024 Annual Meeting CME Credit Records online at [www.paorthosociety.org](http://www.paorthosociety.org). CME Certificates will be awarded to all registered participants.



## Hotel Information

The Lodge at Liberty Hill  
800 Ridge Pike  
Lafayette Hill, PA 19444

Relax and unwind in one of 116 newly renovated spacious guest rooms featuring contemporary design with views of the lush, landscaped grounds and 18-Hole Gary Player designed golf course.

**Discounted Room Rate**  
Discount Ends September 16, 2024  
\$195 per night

Book your room by email at [lodge@unionleague.org](mailto:lodge@unionleague.org) or by calling [610-825-8000](tel:610-825-8000) and referencing the PA Orthopaedic Society block.

## Travel Information

Philadelphia International Airport (PHL) is the primary airport, located about 40 minutes from the hotel.

### Join Us for a Fun Afternoon of Golf with Friends

Friday, October 11th | Tee times beginning at 12:30 pm

Sign up for golf on Friday afternoon! Union League Liberty Hill is holding a limited number of tee times on a first come, first served basis. Reserve your spot today!

Price: \$270 per player (Includes greens fee, cart fee, gratuity fee, access to the practice facility featuring TrackMan Range, guest lockers, and custom cart signs)



# Annual Meeting Registration Form

## 2024 Annual Meeting

October 9-11, 2024 • Union League at Liberty Hill • Lafayette Hill, PA  
www.paorthosociety.org • Phone: 717-909-8901 • Fax: 410-494-0515  
Mail: 110 West Road, Suite 227, Towson, MD 21204

### CONTACT INFORMATION

Name	Degree		
Sub-Specialty			
Practice/Institution			
Address	City	State	ZIP
Office Phone	Email Address		

### REGISTRATION INFORMATION

Thanks to the generosity of the Pennsylvania General Assembly, we are able to charge a markedly reduced registration fee of \$200 for PAOrtho members. If you elect to play golf at this exclusive golf course, that will be an additional fee for registrants on a first come, first served basis.

#	Registrant Category
	PAOrtho Member Physician (\$200)
	Non Member Physician (\$250)
	Emeritus Member Physician (Free)
	Advanced Practice Provider (\$100)
	Resident/Fellow (Free)
	Student (Free)
	Spouse/Guest Registration (\$25)

#	Activities
	Golf on Friday, October 11th (\$270 per person)

Please provide the information below for your guest so we can include their name badge in your registration packet.

Spouse/Guest Name	
City	State
Spouse/Guest Email Address for Meeting Updates (optional)	

- ☐ I would like to opt out of receiving promotional emails.
- ☐ Do not share my information with third party vendors.

### PAYMENT

Registration Fee	\$ _____
Spouse/Guest Activities Fee	\$ _____
Friday, 10/11 Golf Fees	\$ _____
<b>TOTAL</b>	<b>\$ _____</b>

- ☐ Check Enclosed (payable to Pennsylvania Orthopaedic Society)
- ☐ Charge my: ☐ Visa ☐ MasterCard ☐ American Express

Credit Card Number	
Exp Date	CVV
Name on Card	
Billing Address	
Billing City	State ZIP

**REGISTRATION CANCELLATION POLICY:** Full refund (less \$50 administrative fee) will be granted if a cancellation is made prior to 30 business days before the meeting date; a 50% refund if canceled 10 business days before the meeting date. No refund will be granted within 10 business days of the meeting.

**SPECIAL NEEDS:** If you have hearing, vision or mobility impairment and need appropriate accommodations in order to participate fully in this activity, please check here and notify us by September 15, 2024. You will be contacted by the PAOrtho Management Company, DTMS, to discuss your needs.



110 West Road, Suite 227  
Towson, MD 21204

# Pennsylvania Orthopaedic Society 2024 Annual Meeting

October 9-11, 2024 | Union League Liberty Hill | Lafayette Hill, PA

