

PAOrtho President's Message

Dear Colleagues,

We would like to invite you to attend the Pennsylvania Orthopaedic Society (PAOrtho) Annual Meeting in Hershey, Pennsylvania! I am honored and humbled to serve as President of this dynamic society for 2022. Since the origin of PAOrtho, your state professional organization has been the leading vehicle for continued education and fellowship among Pennsylvania orthopaedic surgeons. Our mission to enhance our members' ability to provide the highest quality musculoskeletal care has taken many new avenues in the continuous improvement of our profession.

The Annual Meeting is the premier forum for PAOrtho's scientific, educational, and advocacy awareness. With the dedication of this year's program committee, Board, and executive staff led by our Program Chairman, Dr. Daniel Farber, and Course Co-Director, Dr. Kenneth Urish, we are excited to present a meaningful event to bring practical and inspiring material home to our professional practices and our patients.

Please take time to review the outstanding Scientific Program we have prepared, including top-notch symposia, rapid fire sessions, an opioid symposium, and advanced practice provider seminar. Also featured this year are musculoskeletal/primary care concurrent sessions, a resident business session, and a veteran symposium focusing on unique issues for the veteran patient.

Our Welcome Reception on Thursday evening and Exhibitor Reception on Friday evening will provide you with plenty of opportunity for camaraderie and socializing with your colleagues. And you'll never run out of things to do in Hershey. Affectionally known as Chocolate Town® USA, from *Hersheypark* to golf to brew pubs, there's fun for the whole family in *Hershey-The Sweetest Place on Earth!*

We greatly appreciate your involvement, participation, and membership in PAOrtho, and we look forward to having a great time with everyone in Hershey this October!

Sincerely,



Paul Juliano, MD
President, Pennsylvania Orthopaedic Society

PAOrtho Society Board of Directors

2021-2022

President

Paul Juliano, MD

First Vice President

Matthew J. Kelly, MD

Second Vice President

Vincent Battista, MD

Past President

James Guille, MD

Secretary

Barry Snyder, MD

Treasurer

Christopher Henderson, MD

Members at Large

David Bozentka, MD
Aman Dhawan, MD
Jonathan Garino, MD
Jack Kazanjian, DO, FAOAO
Kimberly Zambito, MD

BOC Representatives

James Guille, MD
Charles Hummer, III, MD
Suzette Song, MD

PAMED Delegates

Daniel Davis, MD
Brian Tinsley, MD

Advocacy Committee Chair

Daniel Torres, MD

Bylaws Committee Chair

Michael Birns, MD

Education Committee Chair

Daniel Farber, MD

Membership Committee Chair

Richard Tosti, MD

Young Surgeon Committee Chair

Nicholas Bonazza, MD

OrthoPAC Chair

Joshua Port, MD

OrthoPAC Vice Chair

Charles Hummer, III, MD

Hotel Reservations

Hershey Lodge 325 University Drive Hershey, PA 17033

Warm, welcoming, and distinctly Hershey, Hershey Lodge® is a full-service resort located in Hershey, Pennsylvania – affectionately known as Chocolate Town® USA. Hershey Lodge is perfect for families and guests of all ages, pampering you with their sweet hospitality and iconic chocolate details around every corner.

Book your hotel room today online or by calling **855-729-3108**.

Ask for the room block for the Pennsylvania Orthopaedic Society Fall 2022 Meeting at the Hershey Lodge to receive discounted rates:

Hotel Room Pricing for October 6-8, 2022 King/Queen Room- \$199 per night Discount Deadline is 9/9/22

Travel Information

Harrisburg International Airport (MDT) is the primary airport, located approximately 13 minutes from Hershey Lodge.

Taxi service is approximately \$35 one way. Transportation service from the hotel is available for a nominal fee.

The Hershey Lodge has airport and train station shuttle service, or limousine service (for an additional fee). Call 855-729-3108.

If you would like to rent a car, Hertz discounts are available by calling 800-654-2240 and referencing CV #04B00019 or online at Hertz.com; under the reservation form, click the box next to "Enter a Discount or Promo Code" and enter #04B00019 in the Convention field.

The Hershey Lodge offers complimentary valet and self-parking, and free electric vehicle charging stations.

Meeting Registration

October 6-8, 2022 • Hershey Lodge • Hershey, PA

Mail: Pennsylvania Orthopaedic Society
110 West Road, Suite 227, Towson, MD 21204
Phone: 717-909-8901
Fax: 410-494-0515
Online: www.paorthosociety.org

Name _____

Degree _____

Practice/Institution _____

Address _____

City/State/Zip _____

Office Phone _____

Email _____

Registration Information

#	Registrant Category
	Member Physician \$200
	Non Member Physician \$250
	Emeritus Member Physician FREE
	Primary Care Physician \$100
	Advanced Practice Provider \$100
	Resident/Fellow FREE
	Student FREE
	Spouse/Guest Registration \$25

*See online registration form for cancellation policy and special needs accommodations information.

PAYMENT AMOUNT

Registration Fee: \$ _____

Spouse/Guest Fee(s): \$ _____

TOTAL: \$ _____

Guest Name: _____

Check Enclosed (payable to Pennsylvania Orthopaedic Society)

Charge my: Visa MasterCard American Express

CREDIT CARD NUMBER

EXP DATE CVV BILLING ZIP

NAME ON CARD

BILLING ADDRESS

ENJOY REDUCED REGISTRATION FEES!

Due to the Appalachian Regional Commission and the Pennsylvania General Assembly grants funding for the CME and scientific program portion of our Annual Meeting, your registration rates have been greatly reduced.

Pennsylvania Orthopaedic Society
110 West Road, Suite 227
Towson, MD 21204



PENNSYLVANIA
Orthopaedic
SOCIETY

Annual Meeting
2022 Preliminary Program
Hershey Lodge
Hershey, PA
October 6-8, 2022



PENNSYLVANIA
Orthopaedic
SOCIETY

2022 ANNUAL MEETING PRELIMINARY PROGRAM

16.5 CME CREDITS

Hershey Lodge Hershey, PA October 6-8, 2022

Open to all PAOrtho Members,
Orthopaedic Surgeons, Residents, and Fellows

See you in Hershey!

Thursday, October 6

12:00 pm – 5:00 pm	Board of Directors Meeting
12:00 pm – 5:00 pm	Meeting Registration
Physician Assistant/Nurse Practitioner Course	
10:00 am – 10:10 am	Welcome and Opening Remarks, Session I
10:10 am – 10:40 am	CRNP Regulatory and Legislative Updates <i>Don Buchard, DNP, ACNP-BC FCCP CCRN</i>
10:40 am – 11:10 am	PSPA Regulatory and Legislative Updates Region 3 Representatives: <i>Sarah Atkins, PA-C, Larissa Whitney, PA-C, Katie Kugler, PA-C</i>
11:10 am – 11:40 am	Break
11:40 am – 12:30 pm	KCI Sponsored Lunch: Updates on Wound Vac Technology and Veraflo
12:30 pm – 1:00 pm	Break
1:00 pm – 1:05 pm	Session II Introduction
1:05 pm – 1:55 pm	Ortho ID: Orthopedic Infections: Bugs and Drugs <i>Meredith Schade, MD, Penn State Health, Hershey</i>
1:55 pm – 2:05 pm	Case Study: Prelude to a Fracture <i>Kristi Gruber, MEd, PA-C, Penn State Health, Hershey</i>
2:05 pm – 2:30 pm	Osteoporosis: Treatment Options <i>Sarah Kauffman, CRNP, Premier Orthopaedics</i>
2:30 pm – 3:00 pm	Joint Arthroplasty <i>Kristel Dow, PA-C, University of Pennsylvania</i>
3:00 pm – 3:30 pm	Foot and Ankle: The Nuts, Bolts, and Hammertoes <i>Greg Rihalli, PA-C, Penn Medicine</i>
3:30 pm – 3:45 pm	Q & A
3:45 pm – 3:50 pm	Session III Introduction
3:50 pm – 4:15 pm	Proximal Humerus Fractures: Nothing Funny About It <i>Kelly Martin, CRNP, Penn State Health, Hershey</i>

4:15 pm – 4:45 pm	Peds <i>Derek Flynn, PA-C, Penn State Health, Hershey</i>
4:45 pm – 5:15 pm	Spine: Put Your Back into It <i>Tom Walters, PA-C, Orthopaedic Institute of Pennsylvania</i>
5:15 pm – 5:45 pm	Treatment Modalities for Ligamentous Injuries <i>Kevin Wiesner Jr., MS, LAT, ATC, Premier Orthopaedics, Brandywine</i>
5:45 pm – 5:50 pm	Q & A
5:50 pm – 6:00 pm	Closing Remarks
6:30 pm – 9:00 pm	Welcome Reception

Friday, October 7

6:30 am – 5:00 pm	Meeting Registration
7:00 am – 7:05 am	Welcome and Opening Remarks
7:05 am – 7:20 am	General Session 1: AAOS Update * CME Credit not available
7:20 am – 7:50 am	Focused Breakfast Industry Presentation * CME Credit not available
7:55 am – 8:40 am	Rapid Fire Sessions 1A – 1C
8:40 am – 9:00 am	Break-Please visit exhibits
Concurrent Session 1: MSK/Primary Care Session	
9:00 am – 10:00 am	Diagnostic Imaging Approaches to Common MSK Conditions <i>Matthew Silvis, MD</i>
10:00 am – 10:50 am	Hot Off the Press: Exercise is Medicine <i>Jessica Butts, MD</i>
9:00 am – 10:00 am	SYMPOSIUM 1: Surviving Call for the Subspecialist Moderator: <i>Samir Mehta, MD, University of Pennsylvania</i>

10:00 am – 10:30 am	SYMPOSIUM 2: Medical and Legal Forum (featuring Penn State College of Medicine Orthopedic Residents and Widener University Commonwealth Law School Students) Moderator: <i>Jonathan Bigley, Esq, Bigley & Blikle</i>
10:30 am – 10:50 am	Break-Please visit exhibits
10:50 am – 11:50 am	SYMPOSIUM 3: Military and Veterans Issues Moderator: <i>Aman Dhawan, MD, Penn State Milton S. Hershey Medical Center</i>
11:50 am – 12:20 pm	GENERAL SESSION 1: Healthcare Perspectives from the Pennsylvania General Assembly Moderator: <i>Daniel Torres, MD, PAOrtho Advocacy Chair, * CME Credit not available</i>
12:20 pm – 12:50 pm	Focused Lunch Industry Presentation * CME Credit not available
12:50 pm – 1:20 pm	PAOrtho Business Meeting and Awards Presentation * CME Credit not available
1:20 pm – 2:20 pm	SYMPOSIUM 4: Arthroscopic Frontiers Across the Subspecialties Moderator: <i>Vishal Saxena, MD, Temple University</i>

Concurrent Session 1 (Continued): 10:50 am – 11:50 am

10:50 am – 11:50 am	MSK/Primary Care Session Clinical Pearls: The Lumbar Spine and Knee Examinations <i>Jayson Loeffert, DO</i>
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Concurrent Session 1 (Continued): 1:20 pm – 2:20 pm

1:20 pm – 2:20 pm	MSK/Primary Care Session Advances in the Conservative Management of Tendinopathy <i>Lindsay Lafferty, MD</i>
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Concurrent Session 1 (Continued): 2:20 pm – 3:20 pm

2:20 pm – 3:20 pm	Interprofessional Teams in the Care of MSK Conditions <i>John Wawrzyniak, PT, ATC, CSCS, Kileigh Hess, MS, LAT, ATC, PES, Kevin W. Wiesner Jr., MS, LAT, ATC</i>
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2:20 pm – 3:20 pm	SYMPOSIUM 5: Healthcare Perspectives from Statewide Candidates Moderators: <i>Jonathan Bigley, Esq, Bigley & Blikle, Charles Hummer III, MD, Premier Orthopaedics, OrthoPAC Vice Chair, Joshua Port, MD, University Orthopedics Center, OrthoPAC Chair</i>
3:20 pm – 3:40 pm	Break-Please visit exhibits
3:40 pm – 4:25 pm	Rapid Fire Sessions 2A – 2C
4:30 pm – 5:30 pm	SYMPOSIUM 6: Frontiers in Minimally-Invasive Procedures Across Subspecialties Moderator: <i>Michael C. Aynardi, MD, Penn State Milton Hershey Medical Center</i>
5:30 pm – 6:30 pm	Exhibitor Reception in Exhibit Hall
6:30 pm – 7:30 pm	OrthoPAC Event



Saturday, October 8

6:30 am – 12:30 pm	Meeting Registration
7:10 am – 7:15 am	Announcements
7:15 am – 8:15 am	SYMPOSIUM 7: Dealing with MSK Infections Moderator: <i>Kenneth L. Urish, MD, PhD, University of Pittsburgh</i>
SPECIAL SESSION 1: Business and Advocacy Moderator: <i>Daniel C. Farber, MD, University of Pennsylvania, * CME Credit not available</i>	
8:15 am – 8:30 am	Staying Out of Legal / Malpractice Trouble <i>Jonathan B. Stepanian, Esq, McQuaid Blasko</i>
8:30 am – 8:45 am	Importance of Advocacy and Getting Involved Speaker TBD
8:45 am – 9:15 am	Focused Breakfast Industry Presentation * CME Credit not available
9:20 am – 10:05 am	Rapid Fire Sessions 3A – 3C
Concurrent Session 2: Opioid Symposium – Part 1	
9:20 am – 9:25 am	Welcome/Overview <i>Mark Fuller, MD, Allegheny Health Network, Asif Ilyas, MD, MBA, Rothman Opioid Foundation</i>
9:25 am – 10:05 am	Opioid Abstract Presentations
10:05 am – 10:25 am	Break-Please visit exhibits
10:25 am – 11:45 am	SYMPOSIUM 8: Resident “Business” Session Moderator: <i>Daniel C. Farber, MD, University of Pennsylvania</i> Discussion Topics: Preventing Stress and Burnout in Residency Protecting Yourself Financially <i>John Crane, CLU, CHFC, MBA, Crane Financial</i> Choosing a Practice Setting Contracts and Negotiations <i>Bruce Armon, Esq, Saul Ewing Arnstein & Lehr</i>

Concurrent Session 2: Opioid Symposium – Part 2

Moderators: <i>Mark Fuller, MD, Allegheny Health Network, Asif Ilyas, MD, MBA, Rothman Opioid Foundation</i>	
10:25 am – 10:40 am	Update on Opioids: What Happened to the Epidemic during the Pandemic? <i>Mark Fuller, MD, Allegheny Health Network</i>
10:40 am – 10:50 am	New Guidelines on Opioid Prescribing: What Does the CDC Want Now? <i>Michael Lynch, MD</i>
10:50 am – 11:00 am	Medical Marijuana for Chronic Pain and Opioid Use <i>Abraham Kabazie, MD</i>
11:00 am – 11:10 am	Xylazine Abuse with Opioids: Old Drug, New Problems? <i>Sarah Kawasaki, MD</i>
11:10 am – 11:30 am	Q & A
11:30 am – 11:40 am	National Drug Control Strategy: What is Our Nation’s Plan for Addressing Overdoses? <i>Michael Lynch, MD</i>
11:40 am – 11:50 am	Harm Reduction Strategies: What Are They, and Are They a Good Idea? <i>Heather Richards, MD</i>
11:50 am – 12:00 pm	ABCs of Buprenorphine Prescribing <i>Sarah Kawasaki, MD</i>
12:00 pm – 12:30 pm	Q & A
11:45 am – 12:00 pm	Refreshment Break
12:00 pm – 12:30 pm	Resident Breakout Rooms Academic Private Practice Employed
12:30 pm	Meeting Adjourned

2022 Program Committee

A sincere thank you to this year’s Program Committee for developing an outstanding scientific program. Your hard work and dedication are appreciated.

Daniel C. Farber, MD, Chair
Michael Bercik, MD
Aman Dhawan, MD
Robert Gallo, MD
Matthew Garner, MD
Paul Juliano, MD
Kathryne Stabile, MD
Kenneth Urish, MD, PhD

Scientific Program Details

The Pennsylvania Orthopaedic Society’s Annual Meeting has been developed by the PAOrtho Program Committee in conjunction with the American Academy of Orthopaedic Surgeons.

Target Audience

The 2022 PAOrtho Annual Meeting is designed to meet the needs of Orthopaedic Surgeons and Orthopaedic Residents and Fellows. Information presented may also be of interest to physicians working in an orthopaedic setting.

CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Pennsylvania Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of **16.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



CEC Credit

Physician Assistants can receive up to 16.5 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I, Level 1 CME credit for the Physician’s Recognition Award from organizations accredited by the ACCME.

Purpose

- To provide participants with an unbiased educational experience that will enable them to remain current in the practice of orthopaedic surgery.
- To provide participants with an in-depth exposure to various subspecialty areas of orthopaedic surgery.
- To provide participants with an opportunity to be exposed to evidence-based orthopaedic advances, treatment, and care.
- To provide a forum for an open exchange of ideas between the presenters, the faculty, and the participants through paper presentations, instructional courses, guest lectureships, symposia, multimedia educational sessions, and poster sessions.

Objectives

Educational objectives will be met through a combination of paper presentations, lectures, and symposia in plenary and specialty sessions allowing open discussion with the lecturers and paper presenters. The following objectives will be addressed during the Scientific Program, such that at the conclusion of this course the attendees should be able to:

- Critically evaluate orthopaedic diseases and treatments through evidence-based presentations.
- Discuss basic science and clinical study advances and their implications pertaining to the diagnosis, workup, and treatment of orthopaedic diseases.
- Enhance and maximize clinical and operative skills in the management of new and leading technology in orthopaedic disorders.

These educational objectives will be obtained through paper presentations, instructional courses, guest lectureships, symposia, multimedia educational sessions, and poster sessions.

Disclaimer

The products, procedures, and opinions presented at this meeting reflect the viewpoint or approach of the presenter only and are not to be attributed to the Pennsylvania Orthopaedic Society. The Pennsylvania Orthopaedic Society presents such material for informational purposes only and does not endorse any such product or the content of any such presentation.

Physician Registration

Registration covers the Scientific Program Sessions, Meeting Syllabus, General Meeting Expenses and Continental Breakfast, Breaks, and Lunch.

