

**PAOrtho Tentative Scientific Program  
Challenges Across Orthopaedics  
October 6<sup>th</sup> – 8<sup>th</sup>, 2022  
Hershey, PA**

**Thursday, October 6<sup>th</sup>**

12:00 pm – 5:00 pm            Board of Directors Meeting

12:00 pm – 5:00 pm            Meeting Registration

**Physician Assistant / Nurse Practitioner Course**

10:00 am – 10:10 am            Welcome and Opening Remarks, Session I

10:10 am – 10:40 am            CRNP Regulatory and Legislative Updates  
*Don Buchard, DNP, ACNP-BC FCCP CCRN*

10:40 am – 11:10 am            PSPA Regulatory and Legislative Updates  
Region 3 Representatives:  
*Sarah Atkins, PA-C*  
*Dr. Larissa Whitney, PA-C*  
*Katie Kugler, PA-C*

11:10 am – 11:40 am            ***Break***

11:40 am – 12:30 pm            KCI Sponsored Lunch: Updates on Wound Vac Technology and  
Veraflo

12:30 pm – 1:00 pm            ***Break***

1:00 pm – 1:05 pm            Session II Introduction

1:05 pm – 1:55 pm            Ortho ID: Orthopedic Infections: Bugs and Drugs  
*Meredith Schade, MD, Penn State Health, Hershey*

1:55 pm – 2:05 pm            Case Study: Prelude to a Fracture  
*Kristi Gruber M.Ed, PA-C, Penn State Health, Hershey*

2:05pm – 2:30 pm            Osteoporosis: Treatment Options  
*Sarah Kauffman, CRNP, Premier Orthopaedics*

2:30 pm – 3:00 pm            Joint Arthroplasty  
*Kristel Dow, PA-C, University of Pennsylvania*

3:00 pm – 3:30 pm            Foot and Ankle: The Nuts, Bolts and Hammertoes

*Greg Rinalli, PA-C, Penn Medicine*

3:30 pm – 3:45 pm	Q & A
3:45 pm – 3:50 pm	Session III Introduction
3:50 pm – 4:15 pm	Proximal Humerus Fractures: Nothing Funny About It <i>Kelly Martin, CRNP, Penn State Health, Hershey</i>
4:15 pm – 4:45 pm	Peds <i>Derek Flynn, PA-C, Penn State Health, Hershey</i>
4:45 pm – 5:15 pm	Spine: Put Your Back into It <i>Tom Walters, PA-C, Orthopaedic Institute of Pennsylvania</i>
5:00 pm – 5:30 pm	Treatment Modalities for Ligamentous Injuries <i>Kevin Wiesner Jr., MS, LAT, ATC, Premier Orthopaedics, Brandywine</i>
5:30 pm – 5:40 pm	Q & A
5:40 pm – 6:00 pm	Closing Remarks
3:30 pm – 6:30 pm	Exhibitor Setup
6:30 pm – 9:00 pm	Welcome Reception

**Friday, October 7<sup>th</sup>**

6:30 am – 5:00 pm	Meeting Registration
7:00 am – 7:05 am	<b>Welcome and Opening Remarks</b>
7:05 am – 7:20 am	<b>General Session 1: AAOS Update</b> <i>* CME Credit not available</i>
7:20 am – 7:50 am	<b>FOCUSED BREAKFAST INDUSTRY PRESENTATION</b> <i>* CME Credit not available</i>

**Rapid Fire Session 1A – Hand & Wrist, Peds**  
**Moderators: TBD**

7:55 am – 7:59 am	79 - The Effect of Anticoagulants during Wide-Awake Hand Surgery Performed Under Local Anesthesia: A Review of 2,162 Consecutive Cases <i>Kyle Plusch, BA, Rothman Orthopaedic Institute</i>
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7:59 am – 8:03 am	130 - Intramedullary K-Wires vs. Alternate Techniques for Metacarpal Shaft and Neck Fractures: A Systematic Review and Meta-Analysis <i>Terence Thomas, Rothman Orthopaedic Institute</i>
8:03 am – 8:07 am	16 - Effect of Capitulate Positioning on Outcomes in Scaphoid Excision and Four-Bone Fusion Patients <i>Cameron L. Hallihan, BS, University of Pittsburgh School of Medicine</i>
8:07 am – 8:11 am	77 - Predictors of Patient-Reported Symptom Severity in Carpal Tunnel Syndrome <i>Susanne H. Boden, BA, MD, University of Pittsburgh Medical Center</i>
8:11 am – 8:17 am	Discussion
8:17 am – 8:21 am	131 - Management of Nailbed Laceration Repair in the Emergency Department: Results from a Single Institution Survey <i>Kelsey Young, University of Pennsylvania</i>
8:21 am – 8:25 am	10 - The Effect of COVID-19 on Pediatric Traumatic Orthopaedic Injuries: A Database Study <i>Ajith Malige, MD, St. Luke's University Hospital</i>
8:25 am – 8:29 am	18 - Exploring Outcomes of Rigid Tibial Intramedullary Nailing in Pediatric Patients <i>Jessica L. Koshinski, BS, Geisinger Commonwealth School of Medicine</i>
8:29 am – 8:33 am	111 - Pediatric Extremity Fractures and Child Abuse during COVID-19 <i>Nathan Smith, BS, Penn State College of Medicine</i>
8:33 am – 8:40 am	Discussion

### **Rapid Fire Session 1B – Trauma**

**Moderators: TBD**

7:55 am – 7:59 am	112 - Supplemental Fixation in Closed Distal Femur Fractures Treated with Lateral Locked Plating Improves Union Rates <i>Humza Shaikh, MD, The University of Pittsburgh Medical Center</i>
7:59 am – 8:03 am	23 - Posterior Tilt Angle Prognostic Value for Nondisplaced Femoral Neck Fractures

*Efstratios Papadelis, DO, Philadelphia College of Osteopathic Medicine*

- 8:03 am – 8:07 am 70 - Biomechanical Comparison of Intramedullary Nailing Techniques  
*James Mellen, Penn State College of Medicine*
- 8:07 am – 8:11 am 61 - Early Outcomes of Femoral Neck System Fixation of Femoral Neck Fractures  
*Kevin Monahan, MD, Allegheny General Hospital*
- 8:11 am – 8:17 am Discussion
- 8:17 am – 8:21 am 91 - Timing & Outcomes of Hip Fracture Surgery During the COVID-19 Pandemic  
*Sherrie Wang, BS, Cooper University Hospital*
- 8:21 am – 8:25 am 96 - What Is the Incidence of In-Hospital Mortality After a Hip Fracture? Do Treatment Options Matter?  
*Vineeth Romiyo, Cooper University Hospital*
- 8:25 am – 8:29 am 11 - The Effect of COVID-19 on Adult Traumatic Orthopaedic Injuries: A Database Study  
*Ajith Malige, MD, St. Luke's University Hospital*
- 8:29 am – 8:33 am 120 - Effects of Surgical Parameters on Dynamic Compression Plating  
*Jacob Staub, BS in Physics, BS, Penn State College of Medicine*
- 8:33 am – 8:40 am Discussion

### **Rapid Fire Sessions 1C – Smoking & Weed and Burnout & Education**

**Moderators: TBD**

- 7:55 am – 7:59 am 98 - Disease Modifying, Pain and Functional Effects of Cannabinoid Oils in Mouse Osteoarthritis  
*Amy Thompson, BS, Penn State College of Medicine*
- 7:59 am – 8:03 am 102 - Impact of Cannabis Use on Total Shoulder Arthroplasty Outcomes  
*Avani Chopra, Penn State College of Medicine*
- 8:03 am – 8:07 am 89 - Is Vaping as Detrimental to Spinal Fusions as Cigarette Smoke?  
*Kirsten N. Mansfield, MPH, BA, Pennsylvania State University College of Medicine*

8:07 am – 8:11 am	59 - Impact of Electronic Health Record Usage on Orthopaedic Surgeon Burnout <i>Christopher J. Como, BS, University of Pittsburgh School of Medicine</i>
8:11 am – 8:17 am	Discussion
8:17 am – 8:21 am	101 - Assessment of Surgical Procedure Training Modality Efficacy in Medical Students <i>Payton M. Boere, BS, Sidney Kimmel Medical College</i>
8:21 am – 8:25 am	58 - Hip Arthroscopy Simulation Training: A Systematic Review <i>Alfonso Arevalo, DO, Philadelphia College of Osteopathic Medicine</i>
8:25 am – 8:29 am	49 - Cross-Sectional Analysis of Recent Spine Questions on the Orthopaedic In-Training Exam: A Guide for Resident Preparation <i>Jeremy S. Reich, MPH, Philadelphia College of Osteopathic Medicine</i>
8:29 am – 8:33 am	27 - Symptoms of Depression and Suicidality in Orthopaedic Surgeons <i>Matthew K. Stein, MD, MS, University of Pennsylvania</i>
8:33 am – 8:40 am	Discussion
8:40 am – 9:00 am	<b><i>Break — Please visit exhibits</i></b>

### **CONCURRENT SESSION 1: MSK / Primary Care Session**

9:00 am – 10:00 am	Diagnostic Imaging Approaches to Common MSK Conditions <i>Matthew Silvis, MD</i>
10:00 am – 11:00 am	Hot Off the Press: Exercise is Medicine <i>Jessica Butts, MD</i>
9:00 am – 10:00 am	<b>SYMPOSIUM 1: Surviving Call for the Subspecialist</b> <b>Moderators:</b> Samir Mehta, MD, <i>University of Pennsylvania</i> Derek J. Donegan, MD, <i>University of Pennsylvania</i>
10:00 am – 10:30 am	<b>SYMPOSIUM 2: Medical and Legal Forum (featuring Penn State College of Medicine Orthopedic Residents and Widener University Commonwealth Law School Students)</b> <b>Moderator:</b> Jonathan Bigley, Esq., <i>Bigley &amp; Blikle</i>

10:30 am – 10:50 am **Break — Please visit exhibits**

10:50 am – 11:50 am **SYMPOSIUM 3: Military and Veterans Issues**  
**Moderator:** Aman Dhawan, MD, *Penn State Milton S. Hershey Medical Center*

**CONCURRENT SESSION 1 CON'T: MSK / Primary Care Session**

10:50 am – 11:50 am *Clinical Pearls: The Lumbar Spine and Knee Examinations*  
*Jayson Loeffert, DO*

11:50 am – 12:20 pm **GENERAL SESSION 1: Healthcare Perspectives from the Pennsylvania General Assembly**  
**Moderator:** Daniel Torres, MD, **PAOrtho Advocacy Chair**  
*\* CME Credit not available*

12:20 pm – 12:50 pm **FOCUSED LUNCH INDUSTRY PRESENTATION**  
*\* CME Credit not available*

12:50 pm – 1:20 pm **PAOrtho Business Meeting and Awards Presentation**  
*\* CME Credit not available*

1:20 pm – 2:20 pm **SYMPOSIUM 4: Arthroscopic Frontiers Across the Subspecialties**  
**Moderator:** Vishal Saxena, MD, *Temple University*

**CONCURRENT SESSION 1 CON'T: MSK / Primary Care Session**

1:20 pm – 2:20 pm *Advances in the Conservative Management of Tendinopathy*  
*Lindsay Lafferty, MD*

2:20 pm – 3:20 pm *Interprofessional Teams in the Care of MSK Conditions*  
*John Wawrzyniak, PT, ATC, CSCS*  
*Kileigh Hess, MS, LAT, ATC, PES*  
*Kevin W. Wiesner Jr., MS, LAT, ATC*

2:20 pm – 3:20 pm **SYMPOSIUM 5: Healthcare Perspectives from Statewide Candidates**  
**Moderators:** Jonathan Bigley, Esq, *Bigley & Blikle*  
Charles Hummer III, MD, *Premier Orthopaedics, OrthoPAC Co-Chair*  
Joshua Port, MD, *University Orthopedics Center, OrthoPAC Co-Chair*

3:20 pm – 3:40 pm **Break — Please visit exhibits**

## **Rapid Fire Session 2A – Pain Management Across Specialties**

**Moderators: TBD**

- 3:40 pm – 3:44 pm            80 - Multi-Modal Pain Management after Outpatient Orthopaedic Hand Surgery: A Prospective Randomized Trial  
*Kyle Plusch, BA, Rothman Orthopaedic Institute*
- 3:44 pm – 3:48 pm            123 - Larger Perioperative Opioid Prescriptions Lead to Prolonged Opioid Use Following Hand and Upper Extremity Surgery: A Multicenter Analysis  
*Clay Townsend, MD, Rothman Institute*
- 3:48 pm – 3:52 pm            99 - Opioid Administration in Pediatric Patients with Isolated Femoral Shaft Fracture  
*Jungeun J. Lee, BS, Penn State College of Medicine*
- 3:52 pm – 3:56 pm            124 - Benzodiazepine Use Predisposes Patients to Prolonged Opioid Use Following Upper Extremity Surgery: A Multicenter Study  
*Clay Townsend, MD, Rothman Institute*
- 3:56 pm – 4:02 pm            Discussion
- 4:02 pm – 4:06 pm            115 - Preoperative Opioid Influences RCR Outcomes Along a Spectrum  
*Justin J. Greiner, University of Pittsburgh Medical Center*
- 4:06 pm – 4:10 pm            97 - Opioid Analgesics are not Required after Anterior Cruciate Ligament Reconstruction  
*Michael S. Day, MD, WellSpan Chambersburg Hospital*
- 4:10 pm – 4:14 pm            118 - Narcotic Prescribing Practices in Shoulder Surgery Following Narcotic E-prescribing Implementation  
*Emily P. Kleinbart, Cooper University Hospital*
- 4:14 pm – 4:18 pm            84 - Opioid-Free Pain Management in Total Joint Arthroplasty: A Scoping Review  
*Olivia Blaber, BA, Rothman Orthopaedic Institute at Thomas Jefferson University*
- 4:18 pm – 4:25 pm            Discussion

## **Rapid Fire Session 2B – Total Hip Arthroplasty & Total Knee Arthroplasty**

**Moderators: TBD**

- 3:40 pm – 3:44 pm            9 - Return to Driving after Anterior Total Hip Arthroplasty

*Michael Motto, Brown University*

- 3:44 pm – 3:48 pm      126 - Total Hip Arthroplasty Dislocation Etiology and Treatments: 10-Year Observations  
*Thomas Evashwick-Rogler, MS, University of Pittsburgh School of Medicine*
- 3:48 pm – 3:52 pm      46 - Low Dose Aspirin for VTEp Results in Lower PJI Rates  
*Farideh Najafi, MD, Rothman Orthopaedic Institute*
- 3:52 pm – 3:56 pm      85 - Real-Component Spacers Show Decreased Bacterial Colonization Compared to Traditional Spacers  
*Brandon Couch, MD, University of Pittsburgh Medical Center*
- 3:56 pm – 4:02 pm      Discussion
- 4:02 pm – 4:06 pm      72 - Incidence of Unexpected Positive Sonication Results in Presumed Aseptic Knee and Hip Revision Arthroplasty  
*Alan Wilson, MD, University of Pittsburgh Medical Center*
- 4:06 pm – 4:10 pm      25 - Supervised Physical Therapy after TKA is Not Required for Everyone  
*Hunter Hayes, DO, PCOM*
- 4:10 pm – 4:14 pm      12 - Exparel in Adductor Canal Blocks Before TKA Leads to Improved Post-Operative Outcomes  
*Ajith Malige, MD, St. Luke's University Hospital*
- 4:14 pm – 4:18 pm      133 - Causes and Risk Factors for Missed Same-Day Discharges Following TJA  
*Mark J. McElroy, MD, University of Pittsburgh Medical Center*
- 4:18 pm – 4:25 pm      Discussion

**Rapid Fire Session 2C – Spine / Foot & Ankle**

**Moderators: TBD**

- 3:40 pm – 3:44 pm      73 - Is Routine ICU Admission Necessary after Cervical Spondylotic Myelopathy Surgery?  
*Lauren M. Boden, MD, University of Pennsylvania*
- 3:44 pm – 3:48 pm      106 - Surgical Treatment of Severe Cervicothoracic Kyphosis with Balanced Traction Suspension and Posterior Three Column Osteotomy  
*Aymen Alqazzaz, MD, University of Pennsylvania*



- 3:48 pm – 3:52 pm 29 - Implementation of a Minimally Invasive Spine Surgery Program at a Rural Community Hospital  
*Jonathan Dalton, MD, University of Pittsburgh*
- 3:52 pm – 3:56 pm 53 - Risk of Noise Induced Hearing Loss in the Orthopedic Spine Surgeon  
*Matthew Meade, DO, Jefferson Health NJ/Rowan SOM*
- 3:56 pm – 4:02 pm Discussion
- 4:02 pm – 4:06 pm 44 - Predicting Outcomes in Charcot Neuroarthropathy  
*Brandon J. Martinazzi, BS, The Penn State University College of Medicine*
- 4:06 pm – 4:10 pm 119 - Radiographic and Clinical Outcomes in Lateral Approach Total Ankle Replacement  
*Jacob Staub, BS in Physics, BS, Penn State College of Medicine*
- 4:10 pm – 4:14 pm 60 - Utility of 3-T over 1.5-T MRI For Talar Osteochondral Lesions (OCLs)  
*Kirsten N. Mansfield, MPH, BA, Pennsylvania State University College of Medicine*
- 4:14 pm – 4:18 pm 28 - Establishment of a Neurodegenerative Charcot Mouse Model  
*Anna Ptasinski, BS, Penn State College of Medicine*
- 4:18 pm – 4:25 pm Discussion
- 4:30 pm – 5:30 pm **SYMPOSIUM 6: Frontiers in Minimally-Invasive Procedures Across Subspecialties**  
**Moderator:** Michael C. Aynardi, MD, *Penn State Milton Hershey Medical Center*
- 5:30 pm – 6:30 pm **Happy Hour in Exhibit Hall**
- 6:30 pm – 7:30 pm **OrthoPAC Event**

### **Saturday, October 8<sup>th</sup>**

- 6:30 am – 5:00 pm Meeting Registration
- 7:10 am – 7:15 am **Announcements**
- 7:15 am – 8:15 am **SYMPOSIUM 7: Dealing with MSK Infections**  
**Moderator:** Kenneth L. Urish, MD, PhD, *University of Pittsburgh*

## **SPECIAL SESSION 1: BUSINESS AND ADVOCACY**

**Moderator:** Daniel C. Farber, MD, *University of Pennsylvania*

*\* CME Credit not available*

- 8:15 am – 8:30 am                      Staying Out of Legal / Malpractice Trouble  
*TBD*
- 8:30 am – 8:45 am                      Importance of Advocacy and Getting Involved  
*TBD*
- 8:45 am – 9:15 am                      **FOCUSED BREAKFAST INDUSTRY PRESENTATION**  
*\* CME Credit not available*

## **Rapid Fire Session 3A – Sports**

**Moderators:**

- 9:20 am – 9:24 am                      74 - Remplissage Reduces Recurrent Instability in High-Risk Patients with “On-Track” Hill-Sachs Lesions  
*Aaron E. Barrow, MD, University of Pittsburgh Sports Medicine*
- 9:24 am – 9:28 am                      69 - Should NFL Offensive Linemen Use Prophylactic Knee Braces?  
*Devon Ackerman, BS, Penn State College of Medicine*
- 9:28 am – 9:32 am                      39 - The Blumensaat Line on Radiograph as an Accurate Predictor of Native ACL Length  
*Jeffrey Simpson, BS, University of Central Florida College of Medicine*
- 9:32 am – 9:36 am                      4 - Return to Play in Female Volleyball Players Following ACL Injury  
*Nathan Smith, BS, Penn State College of Medicine*
- 9:36 am – 9:42 am                      Discussion
- 9:42 am – 9:46 am                      57 - Does Prehabilitation Prior to UCL Surgery Affect Return to Sport?  
*Usman Zareef, Rothman Orthopaedic Institute*
- 9:46 am – 9:50 am                      43 - Oral Contraceptives and Anterior Cruciate Ligament Injury: A Cohort Study  
*Brandon J. Martinazzi, BS, The Penn State University College of Medicine*

- 9:50 am – 9:54 am 78 - Location of Biceps Tenodesis Suture Anchor Predicts Postoperative Biceps Pain  
*Susanne H. Boden, BA, MD, University of Pittsburgh Medical Center*
- 9:54 am – 9:58 am 88 - Do NFL Players Return to Play with the Same Performance after ACL Tears?  
*Anna Ptasinski, Penn State Hershey Bone and Joint Institute*
- 9:58 am – 10:05 am Discussion

### **Rapid Fire Session 3B – Patient and Practice Issues**

#### **Moderators:**

- 9:20 am – 9:24 am 66 - How Many US Children’s Hospitals Offer On-Site Disposal of Opioid Medications?  
*Anna Ptasinski, Penn State College of Medicine*
- 9:24 am – 9:28 am 128 - Opioid Prescription Disposal Survey: A Survey of over 400 Patients  
*Ramin Talebi, Rothman Orthopaedic Institute*
- 9:28 am – 9:32 am 45 - The Effects of Anxiety and Depression in Outcomes of Patients with Total Ankle Replacement  
*Hannah H. Nam, BA, Penn State Hershey College of Medicine*
- 9:32 am – 9:36 am 82 - Appropriateness of Self-Scheduled Office Visits in Outpatient Hand Surgery  
*Kyle Plusch, BA, Rothman Orthopaedic Institute*
- 9:36 am – 9:42 am Discussion
- 9:42 am – 9:46 am 14 - Social Media Presence Among Hand Surgeons  
*Etka Kurucan, Lewis Katz School of Medicine at Temple University*
- 9:46 am – 9:50 am 114 - Utilization Of Telemedicine Amongst Orthopaedic Hand Surgeons And Their Patients  
*William Baker, DO, RowanSOM/Jefferson Health/Virtua OLOL*
- 9:50 am – 9:54 am 19 - Subjective/Objective Benefits of Waterproof Casts Amidst the COVID-19 Pandemic  
*Luke DiPasquale, DO, MPH, Wellspan Health, York Hospital*
- 9:54 am – 9:58 am 48 - Sterile Set up Table in The Operating Room is Not So Sterile  
*Farideh Najafi, MD, Rothman Orthopaedic Institute*

9:58 am – 10:05 am Discussion

### **Rapid Fire Session 3C – Shoulder & Elbow**

#### **Moderators:**

9:20 am – 9:24 am 26 - Interpositional Bioresorbable Scaffold-Anchor Versus Standard Anchor in Rotator Cuff Repair  
*Leighann C. Panico, DO, MPH, University of Pittsburgh Medical Center Pinnacle Orthopedics*

9:24 am – 9:28 am 104 - Rotator Cuff-Preserving RSA vs. RSA and Anatomic TSA: A Comparison of Short-Term outcomes  
*Ehab Nazzal, MD, University of Pittsburgh Medical Center*

9:28 am – 9:32 am 108 - Full Thickness Rotator Cuff Tear Repair Outcomes Based on Geocoding  
*Branden J. Wright, BS, Cooper Medical School of Rowan University*

9:32 am – 9:36 am 117 - Clinical and Surgical Characteristics of Overhead vs. Non-overhead athletes in Operatively Managed First-Time Anterior Shoulder Instability  
*Ehab Nazzal, MD, University of Pittsburgh Medical Center*

9:36 am – 9:42 am Discussion

9:42 am – 9:46 am 62 - Implant Characteristics and Clinical Outcomes Following Reverse Total Shoulder Arthroplasty  
*Shaquille J.C. Charles, BS, MSc, University of Pittsburgh School of Medicine*

9:46 am – 9:50 am 68 - Contact is Shifted Posterior in 135° Inlay RSA Humeral Components  
*Clarissa LeVasseur, MS, UPMC*

9:50 am – 9:54 am 93 - Lacertus Fibrosus Removal Alters the Biceps Brachii Flexion Moment Arm  
*Jon Hammarstedt, Allegheny Health Network*

9:54 am – 9:58 am 50 - Comparative Utility of Advanced Imaging in Detecting Upper Extremity Infections  
*Etka Kurucan, MD, Temple University Hospital*

9:58 am – 10:05 am Discussion

## CONCURRENT SESSION 2: OPIOID SYMPOSIUM – PART 1

**Moderators:** Mark Fuller, MD, *Allegheny Health Network*  
Asif Ilyas, MD, MBA, *Rothman Opioid Foundation*

- 9:20 am – 9:25 am Welcome / Overview  
*Mark Fuller, MD, Allegheny Health Network*  
*Asif Ilyas, MD, MBA, Rothman Opioid Foundation*
- 9:25 am – 10:05 am Opioid Abstract Presentations
- 10:05 am – 10:25 am **Break — Please visit exhibits / Raffle announcement**
- 10:25 am – 11:45 am **SYMPOSIUM 8: Resident “Business” Session**  
**Moderator:** Daniel C. Farber, MD, *University of Pennsylvania*
- Topics: Preventing Stress and Burnout in Residency  
How to Be a Great Junior Resident  
How to Be a Great Senior Resident  
Protecting Yourself Financially  
Choosing a Practice Setting  
Contracts and Negotiations

## CONCURRENT SESSION 2: OPIOID SYMPOSIUM – PART 2

**Moderators:** Mark Fuller, MD, *Allegheny Health Network*  
Asif Ilyas, MD, MBA, *Rothman Opioid Foundation*

- 10:25 am – 10:40 am Update on Opioids: What Happened to the Epidemic during the Pandemic?  
*Mark Fuller, MD, Allegheny Health Network*
- 10:40 am – 10:50 am New Guidelines on Opioid Prescribing: What Does the CDC Want Now?  
*Michael Lynch, MD*
- 10:50 am – 11:00 am Medical Marijuana for Chronic Pain and Opioid Use  
*Abraham Kabazie, MD*
- 11:00 – 11:10 am Xylazine Abuse with Opioids: Old Drug, New Problems?  
*Sarah Kawasaki, MD*
- 11:10 am – 11:30 am Q & A
- 11:30 am – 11:40 am National Drug Control Strategy: What is Our Nation’s Plan for Addressing Overdoses?  
*Michael Lynch, MD*

11:40 am – 11:50 am	Harm Reduction Strategies: What Are They, and Are They a Good Idea? <i>Heather Richards, MD</i>
11:50 am – 12:00 pm	ABCs of Buprenorphine Prescribing <i>Sarah Kawasaki, MD</i>
12:00 pm – 12:30 pm	Q & A
11:45 am – 12:00 pm	<b><i>Refreshment Break</i></b>
12:00 pm – 12:30 pm	Resident Breakout Rooms  Academic Private Practice Employed
12:30 pm	<b>Meeting Adjourned</b>