

2021 Annual Meeting

October 13-15, 2021 Hotel Hershey • Hershey, PA

Meeting At A Glance



Download the Complete Program: On a mobile device, in the Apple Store or Google Play store, search "DTMS" and download; on a laptop, go online to https://datatrace.gatherdigital.com.

Scientific Program

Garden Terrace West (Unless otherwise specified) October 13-15, 2021 • Hotel Hershey • Hershey, PA

Wednesday, October 13

Thursday, October 14

12:00 pm – 5:00 pm	Board of Directors Meeting starlight West	6:30 am – 5:00 pm	Meeting Registration Garden Terrace Foyer
12:00 pm – 5:00 pm	Meeting Registration Garden Terrace Foyer	6:30 am – 7:30 am	Multimedia Education Session Foyer
2:00 pm – 5:00 pm	Exhibitor Setup Garden Terrace East	7:30 am – 7:40 am	Welcome and Opening Remarks
PHYSICIAN ASSISTANT/NURSE PRACTITIONER COURSE Starlight East		SYMPOSIUM 1: Ankle Fractures: More than Meets the Eye – Pearls and Pitfalls of Management Moderator: Henry A. Boateng, MD, Penn State Health Milton S. Hershey Medical Center	
Session 1: Fracture Care Moderator: Karyn D. Miller, PA-C, MS, Penn State Health Milton S. Hershey Medical Center			
2:00 pm - 2:15 pm	Orthopaedic Emergencies: Red Flags, Pit Falls, and When to Call for Help Kristi E. Gruber, PA-C, Med, Penn State Health	7:40 am – 8:20 am	SPEAKERS Gerard J. Cush, MD, Geisinger Musculoskeletal Institute Saqib Rehman, MD, MBA, Temple University Lewis Katz School of
2:15 pm - 2:30 pm	Update on Pediatric Fractures Derek J. Flynn, PA-C, Penn State Health		Medicine Alan Y. Yan, MD, University of Pittsburgh Medical Center
2:30 pm – 2:45 pm	Urgent Care Orthopaedics – Commonly Missed Injuries Cori M. Davis, PA-C, Orthopedic	8:25 am – 8:55 am	FOCUSED BREAKFAST PRESENTATION *CME Credit Not Available
	Institute of Pennsylvania	8:55 am – 9:10 am	General Session 1 – AAOS Update
2:45 pm – 3:00 pm	Questions & Discussion	9:10 am – 9:30 am	BREAK – Please visit Exhibits Garden Terrace East
Session 2: Joint Replacen Moderator: Robert Emery,	PA-C, Geisinger Wilkes Barre	SYMPOSIUM 2: Open Fracture Treatment: Timing of Irrigation and	
3:00 pm – 3:15 pm	Your Physical Exam is Important: A Drop Foot Case Presentation William G. Gerber, PA-C, Penn State	Debridement Moderator: J. Spence Reid, MD, Penn State Health Milton S. Hershey Medical Center	
3:15 pm – 3:30 pm	Health Outpatient Total Joint Replacement - Experience in an Academic Institution Tammy M. Miller, PA-C, Penn State Health	9:30 am – 10:10 am	SPEAKERS Michael J. Bercik Jr., MD, Lancaster Orthopedic Group J. Spence Reid, MD, Penn State Health Milton S. Hershey Medical Center Gary F. Updegrove, MD, Penn State
3:30 pm – 3:45 pm	Total Shoulder vs. Reserve Total Shoulder: Review of the Indications Jaime Halin, PA-C, Penn State Health		Health Milton S. Hershey Medical Center
3:45 pm – 4:00 pm	Questions & Discussion	Rapid Fire Session 1A - Total Hip / Hand and Wrist Rose Garden Room Rapid Fire Session 1B - Shoulder and Elbow Tea House Room	
Session 3: Work Life as a		Rapid Fire Session 1C - Trauma / Misc. Park View Room	
	r, PA-C, Med, Penn State Health	10:15 am – 11:05 am	Presentations & Discussion
4:00 pm – 4:15 pm	Teaming in Orthopaedics Amanda R. Shibley, PA-C, Penn State	11:05 am – 11:25 am	BREAK – Please visit Exhibits Garden Terrace East
4:15 pm - 4:30 pm	Health Advocacy for the Orthopaedic APP Robert Emery, PA-C, Geisinger Wilkes	SYMPOSIUM 3: Femoral Neck Fractures in the Elderly ORIF vs. Hemiarthroplasty vs. Total Hip Arthroplasty Moderator: Garrett Cavanaugh, MD, Albert Einstein Medical Center	
4:30 pm – 4:45 pm	Barre Do What We Love, and Love What We Do: Avoiding Burnout Karyn D. Miller, PA-C, MS, Penn State Health Milton S. Hershey Medical Center	11:25 am – 12:05 pm	SPEAKERS Gregory T. Altman, MD, Allegheny Orthopaedic Associates Nikkole M. Haines, MD, Penn State Health Milton S. Hershey Medical Center Samir Mehta, MD, Penn Medicine
4:45 pm – 5:00 pm	Questions & Discussion	12:10 pm - 12:40 pm	FOCUSED LUNCH PRESENTATION *CME Credit Not Available
5:00 pm – 6:00 pm	PA/NP Networking Reception starlight East	12:40 pm – 1:10 pm	Dessert in Exhibit Hall
6:00 pm – 8:00 pm	Welcome Reception Fountain Lobby		Garden Terrace East

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	T 1: STATE OF THE OPIOID CRISIS Rothman Orthopaedic Institute State of the Opioid Crisis – Nationally and in Pennsylvania Jeffrey K. Hom, MD, Philadelphia Department of Public Health Wolf Administration Update on	Friday, October 15 6:30 am – 5:00 pm 6:30 am – 7:30 am 7:30 am – 7:35 am SYMPOSIUM 4: ACL Reco Technique / Where are W	Meeting Registration Garden Terrace Foyer Multimedia Education Session Foyer Announcements n: Anatomic Tunnels / Transtibial e with ACL Repair?
	Pennsylvania's Opioid Crisis Jared Shinabery, DOH Deputy Secretary Steven Ross, DDAP Special Assistant to Secretary Natalie Krak, Deputy Secretary of Policy & Planning		SPEAKERS Nicholas A. Bonazza, MD, Allegheny Health Network Steven B. Cohen, MD, Rothman
Rapid Fire Session 2A - Peds, Practice Mgmt, Education/Other Rose Garden Room Rapid Fire Session 2B - Hand and Wrist Tea House Room Rapid Fire Session 2C - Total Knee Park View Room		8:20 am – 8:50 am	Orthopaedic Institute Miltiadis H. Zgonis, MD, Penn Medicine FOCUSED BREAKFAST PRESENTATION
	Presentations & Discussion		*CME Credit Not Available
2:45 pm – 3:35 pm 3:35 pm – 3:55 pm	BREAK – Please visit Exhibits Garden Terrace East	SYMPOSIUM 5: Robotics/Image Guidance in Total Knee Arthroplasty Moderator: Lucas E. Nikkel, MD, Penn State Health Milton S.	
OPIOID SYMPOSIUM PART 2: STRATEGIES TO COMBAT THE OPIOID		Hershey Medical Center	
	Rothman Orthopaedic Institute	8:50 am - 9:30 am	SPEAKERS Brian F. Moore, MD, Allegheny Health
3:55 pm – 4:15 pm	Prescription Drug Monitoring Program (PDMP) Review Chaim Miller, Rothman Opioid		Network Frank Johannes Plate, MD, PhD, University of Pittsburgh Medical Center
	Foundation	9:30 am – 9:50 am	BREAK – Please visit Exhibits Garden Terrace East
4:15 pm – 5:00 pm	Legislative Strategies to Combat the Opioid Crisis <i>Moderator:</i> Daniel Torres, MD <i>Panel:</i> Rep. Tim Briggs (D, Montgomery) Rep. Josh Kail (R, Beaver & Washington)	Rapid Fire Session 3A - Sports Medicine Rose Garden Room Rapid Fire Session 3B - Total Joint Tea House Room Rapid Fire Session 3C - Foot & Ankle / Spine / Upper Extremity Park View Room	
5:00 pm – 5:30 pm	Judicial Challenges Around the Opioid	9:50 am – 10:40 am	Presentations & Discussion
	Crisis Moderator: Nicholas Wachinski, Esq.	10:40 am – 11:05 am	BREAK – Please visit Exhibits Garden Terrace East
	Panel: Justice Kevin Daugherty (PA Supreme Court)	SYMPOSIUM 6: Role of Biologics in Orthopaedics: PRP vs. BMAC vs. Stem Cells Moderator: Robert Gallo, MD, Penn State Health Milton S. Hershey Medical Center	
	Judge Patrick Dugan (Philadelphia Municipal Court)		
5 00 · · · · 5 45 · · ·	David Ashworth (Lancaster County Court)	11:05 am – 11:45 am	SPEAKERS
5:30 pm – 5:45 pm	Evidenced-Based Opioid-Prescribing Strategies for Orthopaedists Asif Ilyas, MD, MBA, Rothman Orthopaedic Institute		Kevin B. Freedman, MD, Rothman Orthopaedic Institute Stephen Rabuck, MD, University of Pittsburgh Medical Center
5:45 pm – 6:45 pm	Exhibitor Reception Garden Terrace East	Matthew A. Varacallo, MD, Penn Highland Healthcare System	
6:45 pm - 8:15 pm	OrthoPAC Event Garden Terrace West	11:45 am – 12:15 pm	General Session 2 – PAOrtho Business Meeting / OrthoPAC Update / Awards Presentation
		12:15 pm	Meeting Adjourned

CME ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Pennsylvania Orthopaedic Society. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians. The American Academy of Orthopaedic Surgeons designates this live activity, Pennsylvania Orthopaedic Society 2021 Annual Meeting, for a maximum of approximately 14.5 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Thank You Exhibitors

PAOrtho is grateful for the support of its exhibitors. Thank you for your participation and commitment.

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