Controversies in Upper Extremity Surgery: EAST vs. WEST

April 20-21, 2012
Fontainebleau
Miami Beach, Florida
Description
This course is designed for practicing orthopaedic surgeons, orthopaedic residents and fellows, and medical students who plan to specialize in the practice of orthopaedic surgery. The need for this program is based on current medical scientific literature and from the responses from previous course evaluations.

Educational Objectives
Upon completion of this course, the participant should be able to:
- List the reasons to consider an endoscopic carpal tunnel release
- Know where the distal biceps tendon attaches on the proximal radius
- Describe the surgical approach to the volar and dorsal distal radius
- Compare the risks of open and arthroscopic lateral epicondylar release

Accreditation Statement
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College of Surgeons and the Pennsylvania Orthopaedic Society. The American College Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™
The American College of Surgeons designates this live activity for a maximum of 13 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Information
In compliance with ACCME Accreditation Criteria, the American College of Surgeons, as the accredited provider of this activity, must ensure that anyone in a position to control the content of the educational activity has disclosed all relevant financial relationships with any commercial interest. All reported conflicts are managed by a designated official to ensure a bias-free presentation. Please see the insert to this program for the complete disclosure list.

Disclaimer
The material presented in this continuing medical education program is being made available by the American College of Surgeons (ACS) and the Pennsylvania Orthopaedic Society (POS) for educational purposes only. The material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situation discussed, but rather is intended to present an approach, view statement, or opinion of the authors or presenters, which may be helpful, or of interest, to other practitioners.
Program
Friday, April 20, 2012

6:30–7:15am  Registration • Continental Breakfast
7:15–7:30am  Welcome
Gregory Gallant, MD, MBA
Announcements
David Bozentka, MD

Session I  SHOULDER
Moderator:  Christopher Schmidt, MD
7:30–7:40am  Proximal Humerus Fractures - Reverse Shoulder Arthroplasty
West: Joshua Port, MD
7:40–7:50am  Proximal Humerus Fractures - Open Reduction Internal Fixation
East: David Glaser, MD
7:50–8:00am  Discussion
8:00–8:10am  Shoulder Arthritis - Total Shoulder Arthroplasty
West: Christopher Schmidt, MD
8:10–8:20am  Shoulder Arthritis - Hemiarthroplasty
East: G. Russell Huffman, MD
8:20–8:30am  Discussion
8:30–8:50am  Shoulder Arthritis in the 40 Year Old
Scott Steinmann, MD
8:50–9:00am  Discussion
9:00–9:10am  Ultrasound for the Evaluation of Rotator Cuff Tears
West: Dean Ziegler, MD
9:10–9:20am  MRI for the Evaluation of Rotator Cuff Tears
East: John Kelly IV, MD
9:20–9:30am  Discussion
9:30–9:50am  BREAK / VISIT EXHIBITS

Session II  SHOULDER
Moderator:  Joshua Port, MD
9:50–10:10am  Single vs. Double Row Rotator Cuff Repair
Anthony Romeo, MD
10:10–10:20am  Discussion
10:20–10:30am  No Acromioplasty with Rotator Cuff Repair
West: Jon Tucker, MD
10:30–10:40am  Acromioplasty with Rotator Cuff Repair
East: Jason Phillips, MD
10:40–10:50am  Discussion
10:50–11:00am  Remplissage
West: S. Joshua Szabo, MD
11:00 – 11:10am Latarjet
East: Luke Austin, MD

11:10 – 11:20am Discussion

11:20 – 11:30am SLAP Repair – 40 Year Old
West: D. J. Phillips, MD

11:30 – 11:40am Biceps Tenodesis – 40 Year Old
East: David Yucha, MD

11:40 – 11:50am Discussion

11:50am – 12:00pm Instability - Arthroscopic Repair
West: Gregory Christiansen, MD

12:00 – 12:10pm Instability - Open Repair
East: Anne Colton, MD

12:10 – 12:20pm Discussion

Session III HEALTHCARE REFORM & POLITICAL ISSUES

Moderator: Gregory Gallant, MD, MBA

12:20 – 12:25pm Business Meeting
Gregory Gallant, MD, MBA

12:25 – 12:30pm OrthoPAC Update
Chip Hummer, MD

12:30 – 1:45pm AAOS Luncheon Speaker – Washington Healthcare Updates
Joshua Jacobs, MD

Session IV ELBOW

Moderator: David Glaser, MD

1:45 – 1:55pm Distal Humerus Fracture – Open Reduction Internal Fixation
East: Joseph Thoder, MD

1:55 – 2:05pm Distal Humerus Fracture - Total Elbow Arthroplasty
West: Anthony Romeo, MD

2:05 – 2:15pm Discussion

2:15 – 2:35pm Salvage of the Failed Total Elbow Arthroplasty
Bernard Morrey, MD

2:35 – 2:45pm Discussion

2:45 – 2:55pm Terrible Triad: Coronoid Requires Fixation
East: G. Russell Huffman, MD

2:55 – 3:05pm Terrible Triad: Coronoid Does Not Require Fixation
West: Bernard Morrey, MD

3:05 – 3:15pm Discussion

3:15 – 3:45pm BREAK / VISIT EXHIBITS

Session V ELBOW & PAPER PRESENTATIONS

Moderator: Asif Ilyas, MD

John Salvo Jr., MD
3:52-3:59pm  Paper:  Extension Block Pinning of Unstable Proximal Interphalangeal Joint Fracture-Dislocations  
Marshall Balk, MD

3:59-4:10pm  Discussion

4:10-4:20pm  Distal Biceps Repair - Two Incision  
West: Scott Steinmann, MD

4:20-4:30pm  Distal Biceps Repair - One Incision  
East: David Bozentka, MD

4:30-4:40pm  Discussion

Session VI  RESIDENT PRESENTATIONS

Moderator: David Bozentka, MD

4:40-4:50pm  Cortical Thickness: A Determinant of Mal-Rotation for Diaphyseal Both Bone Forearm Fractures  
Meredith Osterman, MD

4:50-5:00pm  Utility of Electrodiagnostic Studies in the Diagnosis of Ulnar Nerve Entrapment  
Vamsi Kancherla, MD

5:00-5:10pm  Integrity of Lesser Tuberosity Osteotomy Repairs During Total Shoulder Arthroplasty  
Martin DeGravelle Jr., MD

5:10-5:20pm  Discussion & Resident Award Presentation

Saturday, April 21, 2012

6:30–7:20am  Registration • Continental Breakfast

7:20–7:30am  Announcements  
David Bozentka, MD

Session VII  ELBOW

Moderator: Dean Sotereanos, MD

7:30-7:40am  Cubital Tunnel – Endoscopic  
West: John Lubahn, MD

7:40-7:50am  Cubital Tunnel - Open  
East: James Raphael, MD

7:50-8:00am  Discussion

8:00-8:10am  Lateral Epicondylitis - Open  
East: A. Lee Osterman, MD

8:10-8:20am  Lateral Epicondylitis - Arthroscopic  
West: Mark Baratz, MD

8:20-8:30am  Discussion

8:30-8:40am  Humerus Fracture Radial Nerve Palsy: Early Exploration  
East: Asif Ilyas, MD

8:40-8:50am  Humerus Fracture Radial Nerve Palsy: Delayed Exploration  
West: Robert Goitz, MD

8:50-9:00am  Discussion
**Session VIII**

**Moderator:** John Lubahn, MD

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<th>Topic</th>
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<tr>
<td>9:00-9:10am</td>
<td>Distal Radius Fracture - Volar Approach</td>
<td>Thomas Hughes Jr., MD</td>
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<td>9:10-9:20am</td>
<td>Distal Radius Fracture Dorsal Approach</td>
<td>Pedro Beredjiklian, MD</td>
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<td>9:20-9:30am</td>
<td>Discussion</td>
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<td>9:30-9:40am</td>
<td>DRUJ Arthritis Implant Arthroplasty</td>
<td>Sanjiv Naidu, MD, Ph.D.</td>
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<td>9:40-9:50am</td>
<td>DRUJ Arthritis Resection with Interposition Arthroplasty</td>
<td>Dean Sotereanos, MD</td>
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<td>9:50-10:00am</td>
<td>Discussion</td>
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<td>10:00-10:30am</td>
<td><strong>BREAK/ VISIT EXHIBITS</strong></td>
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**Session IX**

**Moderator:** Gregory Gallant, MD, MBA

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<tr>
<td>10:30-10:40am</td>
<td>Nondisplaced Scaphoid Fracture: Screw Fixation</td>
<td>Mark Rekant, MD</td>
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<td>10:40-10:50am</td>
<td>Nondisplaced Scaphoid Fracture: Casting</td>
<td>Gwynne Bragdon, MD</td>
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<td>Proximal Row Carpectomy</td>
<td>Joseph Imbriglia Jr., MD</td>
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<td>11:10-11:20am</td>
<td>Four-Corner Fusion</td>
<td>Randall Culp, MD</td>
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**Session X**

**Moderator:** A. Lee Osterman, MD

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<tr>
<td>11:30-11:40am</td>
<td>Thumb Basal Joint Hematoma Arthroplasty</td>
<td>David Steinberg, MD</td>
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<td>11:40-11:50am</td>
<td>Thumb Basal Joint Ligament Reconstruction</td>
<td>H. James Pfaeffle, MD, Ph.D.</td>
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<tr>
<td>11:50am-12:00pm</td>
<td>Discussion</td>
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<tr>
<td>12:00-12:10pm</td>
<td>Carpal Tunnel Release - Open</td>
<td>Dean Sotereanos, MD</td>
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<tr>
<td>12:10-12:20pm</td>
<td>Carpal Tunnel Release - Endoscopic</td>
<td>Jonas Matzon, MD</td>
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<td>12:20-12:30pm</td>
<td>Discussion</td>
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<td>12:30-12:40pm</td>
<td>Dupuytren’s Disease - Collagenase Injection &amp; Needle Aponeurotomy</td>
<td>Charles Leinberry Jr., MD</td>
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<td>12:40-12:50pm</td>
<td>Dupuytren’s Disease - Open Fasciectomy</td>
<td>Joel Klena, MD</td>
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<td>12:50-1:00pm</td>
<td>Discussion</td>
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<td>1:00-1:05pm</td>
<td>Closing Remarks</td>
<td>Drs. Bozentka / Schmidt / Ilyas</td>
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*Thank you for your participation. Meeting Adjourned!*
Program Chairmen

David Bozentka, MD
Chief of Orthopedic Surgery, Penn Presbyterian Medical Center; Chief of Hand Surgery, Department of Orthopedic Surgery, Perelman School of Medicine at the University of Pennsylvania, Philadelphia, PA

Asif Ilyas, MD
Program Director of Hand & Upper Extremity Surgery at The Rothman Institute; Assistant Professor of Orthopaedic Surgery at Thomas Jefferson University, Philadelphia, PA

Christopher Schmidt, MD
Shoulder, Elbow, and Hand Surgeon, Allegheny Orthopaedic Associates, Pittsburgh, PA

Guest Faculty

Joshua Jacobs, MD
1st Vice President of the AAOS, Professor and Chairman, Department of Orthopaedic Surgery, Rush University Medical Center, Chicago, IL

Bernard Morrey, MD
Professor of Orthopaedic Surgery, The Mayo Clinic, Rochester MN; Professor of Orthopaedic Surgery, University of Texas Health Science Center, San Antonio, TX

Anthony Romeo, MD
Professor, Departments of Orthopedics, Section Head, Shoulder & Elbow Surgery; Team Physician, Chicago White Sox, Division of Sports Medicine, Rush University Medical Center, Chicago, IL

Scott Steinmann, MD
Professor of Orthopedic Surgery, The Mayo Clinic, Rochester, MN

Invited Faculty

Luke Austin, MD
Assistant Professor of Orthopaedic Surgery, The Rothman Institute, Sewell, NJ

Marshall Balk, MD
Clinical Associate Professor, Department of Orthopaedic Surgery, University of Pittsburgh School of Medicine, Pittsburgh, PA

Mark Baratz, MD
Vice Chairman, Department of Orthopaedic Surgery, Director, Division of Hand and Upper Extremity; Program Director, Orthopedic Residency & Upper Extremity Fellowship, Professor of Orthopaedic Surgery, Drexel University College of Medicine, Pittsburgh, PA

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Anne Colton, MD
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Professor of Orthopaedic Hand & Microsurgery, The Philadelphia Hand Center, Thomas Jefferson University Hospital, Philadelphia, PA

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& Orthopedics, Pottsville, PA

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School of Medicine, Head Team
Physician for the Altoona Curve;
President, Blair Orthopedics & Sports
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Allegheny Health System, Pittsburgh, PA

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Tucker Orthopedics, Pittsburgh, PA

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Orthopaedic Surgeon, Premier
Orthopaedics & Sports Medicine,
Upland, PA
Dean Ziegler, MD  
Blount Orthopaedic Clinic, Clinical Instructor, Medical College of Wisconsin, Department of Orthopaedics, Milwaukee, WI

Vamsi Kancherla, MD  
Resident, Department of Orthopaedic Surgery, St. Luke’s Hospital & Health Network, Bethlehem, PA

Meredith Osterman, MD  
Resident, Department of Orthopaedic Surgery, Thomas Jefferson University, Philadelphia, PA

Fellow/Resident Speakers

Martin DeGravelle Jr., MD  
Fellow, Hand & Upper Extremity Surgery, Allegheny Orthopaedic Associates, Pittsburgh, PA

Vamsi Kancherla, MD  
Resident, Department of Orthopaedic Surgery, St. Luke’s Hospital & Health Network, Bethlehem, PA

Meredith Osterman, MD  
Resident, Department of Orthopaedic Surgery, Thomas Jefferson University, Philadelphia, PA

HOTEL INFORMATION

A spectacular blend of Golden Era glamour and modern luxury, Fontainebleau today reinvents the original vision of legendary architect Morris Lapidus. Following a $1 billion renovation, the 22-acre oceanfront hotel features signature restaurants by award-winning chefs; two chic nightlife venues; a two-story, 40,000-square-foot spa, expansive poolscape, a pristine Atlantic ocean beach and state-of-the-art conference and event facilities. A landmark since its debut in 1954, Fontainebleau has been restored and transformed by a team of renowned architects and designers to create the most dynamic destination resort on the eastern seaboard.

To make your Hotel reservation go to www.paorthosociety.org for a direct link to the POS room block or call 1.800.548.8886. When making your reservations, be certain to identify yourself as part of the Pennsylvania Orthopaedic Society (POS) group.

The daily room rate for the POS room block starts at $259 and is subject to an additional 13% occupancy and sales tax and a hotel fee of $17.95 per room per day inclusive of tax. This fee includes: Gym access, Unlimited wired and wireless internet access in guestrooms and at the pools, Daily newspaper (available at Front Desk), Local and toll free numbered calls, Beach chair for each registered guest in party. Credit card required at time of check in, PLEASE NOTE: Fontainebleau’s check-in process requires that the individual’s guest credit card be authorized for room and tax plus $150.00 per day for anticipated incidentals. Check in time is 4:00pm / check-out 11:00am.

A limited number of rooms are available at the POS group rate. Reservations must be made by March 20, 2012, 5:00pm to receive the POS rate. PLEASE MAKE YOUR RESERVATIONS EARLY. For more Hotel information please visit the following website: www.fontainebleau.com.
Dining
At the direction of culinary celebrities from around the globe, Fontainebleau Miami Beach offers 12 fine dining and casual restaurants and lounges. The resort presents exciting culinary concepts developed, created and prepared daily on-site.

Activities & Attractions
Miami hosts eclectic activities and sports at some of the best facilities in Florida. It is easy to believe that the many versatile outdoor choices have positioned Florida as the nation’s playground. Fontainebleau’s poolscape boasts “walls of water” intermingled with a free-form pool. Guests can also relax by an exclusive European-style pool with a sexy enclave surrounded by cabanas and sun loungers. At the beach guests can rent beach umbrellas, chairs, cabanas and enjoy a variety of water sports including windsurfing and jet skis.

EVENT INFORMATION

POS Welcome Reception, Sea Green Lawn, Thursday, April 19, 6:00-8:00pm
Come mingle with colleagues and friends at the POS Welcome reception. Complementary drinks and hors d’oeuvres will be served. Open to all attendees and one guest, but please register. Additional guests welcome for a nominal charge.
**Exhibit Description**

One 6’ skirted table, 2 chairs, wastebasket

**Shipping**

All exhibit materials shipped to the hotel must be addressed as follows:

Fontainebleau Miami Beach  
Attn: Company Name/Your name/Your phone #/Table #  
POS Spring Meeting, 4/20-21/12  
4441 Collins Ave.  
Miami Beach, FL  33140

**Receiving**

Receipt of packages will be billed at rate of $5.00 per box or $95.00 per pallet. To ensure efficient handling and storage of materials, please send deliveries to arrive no more than seventy two (72) hours prior to the meeting date and please make note of your tracking number. **Receiving hours at the Fontainebleau loading dock are 9:00am-4:00pm.** The handling fee for shipping is $5.00 per box or envelope & must be accompanied with a completed shipping label using the any of the following carriers: Airborne Express, FedEx or UPS.

**Security**

The exhibit area will be locked during all non-exhibit hours. If you require additional security you must contact the POS office prior to the meeting.

**Exhibit Set-Up**

Thursday, April 19, 1:00-4:00pm  
Friday, April 20, 6:00–6:45am

**EXHIBIT TABLES MUST BE READY BY 6:45am on Friday, April 20. Tables that are not occupied by 6:45 am will be removed.**

**Exhibit Hours**

Friday, April 20, 7:00am–5:00pm  
Saturday, April 21, 7:00am–1:00pm

**Exhibit Dismantle**

Saturday, April 21, 12:00-1:00pm
EXHIBIT REGISTRATION
Pennsylvania Orthopaedic Society 2012 Spring Scientific Meeting
Controversies in Upper Extremity Surgery
EAST vs. WEST
April 20-21, 2012
Fontainebleau Miami Beach, Florida

THIS FORM MUST BE COMPLETED AND RETURNED WITH YOUR EXHIBIT CONTRACT. Each company may have a maximum of four (4) representatives in the exhibit area.

Company Name: ______________________________________________________

1. Representative Name: _______________________________________________

2. Representative Name: _______________________________________________

3. Representative Name: _______________________________________________

4. Representative Name: _______________________________________________

Electrical Requirements

Please indicate:

☐ We do not require electricity.
☐ We require ____ standard electrical outlets. (additional $30 per day per outlet)

Please indicate whether you will place a high back display behind your table.

☐ Yes
☐ No

Please return registration form and exhibit contract with payment to:

Susan Sands, Meeting & Event Planner
Pennsylvania Orthopaedic Society
510 North Third Street, 3rd Floor
Harrisburg, PA 17101-1111
Fax: 717.909.8906

If you have questions, please call Susan Sands at 888.772.7900 or email: susan@paorthosociety.org

POS Tax ID Number – 23-2184602

PAYMENT REQUIRED AT TIME OF REGISTRATION

Cancellation Policy – There will be a $75 processing fee for registration cancellations received before March 20, 2012. Refunds will NOT be granted for cancellations received on or after March 20, 2012.
EXHIBIT CONTRACT
Pennsylvania Orthopaedic Society 2012 Spring Scientific Meeting
Controversies in Upper Extremity Surgery
EAST vs. WEST
April 20-21, 2012
Fontainebleau Miami Beach, Florida

Company: ________________________________________________________________

Contact Person: ___________________________________________________________________________________

Address: ______________________________________________________________________________________

City: __________ State: _____ Zip: ___________________________________________________________________________

Phone: ______________ Fax: ___________________________________________________________________________

Email: ___________________________________________________________________________________________

Exhibit Space & Fees
(The following fees are waived with a minimum $5,000 support of any event(s) below)

Before March 20 - One 6’ Exhibit Table @ $1,900 ______ / After March 20 - $2,200 ______

Before March 20 - Two 6’ Exhibit Tables @ $3,500 ______ / After March 20 - $3,800 ______

Additional electrical outlet charge: ______ days @ $30.00 per outlet, per day = ______

Available Exhibitor Levels:
Silver Level Exhibitor $5,000
Gold Level Exhibitor $7,500
Platinum Level Exhibitor $10,000

Silver, Gold and Platinum Level Exhibitors will be given two six-foot display tables
(unless otherwise noted), special recognition in the program book, different colored ribbons
on their name badges, and signage denoting their support.

Included with Exhibit Fee - Entitled to 4 Company Representatives:
Registration fee includes: Admission to scientific sessions, continental breakfasts, coffee
breaks, exhibit hall entrance and Friday luncheon.

Thursday Welcome Reception, (attendee & one guest) @ no charge # attending _____ $ _______

Thursday Welcome Reception additional guest (@ $25.00 each) # attending _____ $ _______

PAYMENT REQUIRED AT TIME OF REGISTRATION

TOTAL $ _______

☐ Check enclosed made payable to POS

☐ Credit Card: __________Amex _______ Visa __________ MC

Card Number: __________________________________________________________________________________

Exp Date: _______Security Code: __________________________________________________________________

Signature _______________________________________________________________________________________

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PHYSICIAN REGISTRATION
Pennsylvania Orthopaedic Society 2012 Spring Scientific Meeting
Controversies in Upper Extremity Surgery
EAST vs. WEST
April 20-21, 2012
Fontainebleau Miami Beach, Florida

Register by March 20th and save $50.
You can also register online at www.paorthosociety.org

Last Name___________________________________________Title (MD/DO) ____________
First Name (MI) ___________________________________________________________________
Office Address _____________________________________________________________________
City, State Zip _____________________________________________________________________
Email Address _____________________________________________________________________
Office Phone/Fax ___________________________________________________________________
Office Contact _____________________________________________________________________

Registration fee includes admission to scientific sessions, continental breakfasts, luncheon & refreshment breaks.

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<td>$225</td>
<td>$ ________</td>
</tr>
<tr>
<td>Allied Health Professional</td>
<td>$125</td>
<td>$175</td>
<td>$ ________</td>
</tr>
</tbody>
</table>

Thursday Welcome Reception, (attendee & one guest) ________
@ no charge # attending

Thursday Welcome Reception additional guest (@ $25.00 each) ________
# attending ________

Payment Method (Please check appropriate box):

☐ CHECK enclosed made payable to POS

☐ CREDIT CARD: ___________AMEX ___________VISA ___________MC

Card Number ________________________________________________________
Exp Date ______________________ Card Verification Number __________________
Signature ___________________________________________________________

Please mail this form with payment to: Susan Sands – Pennsylvania Orthopaedic Society – 510 North Third Street, Floor 3 – Harrisburg, PA 17101-1111
Phone: 717.909.8901 / Fax: 717.909.8906 / susan@paorthosociety.org

Cancellation Policy: There will be a $50 processing fee for cancellations received before March 20, 2012. Refunds will NOT be granted for cancellations received on or after March 20, 2012.
Upcoming

2012 Fall Scientific Meeting

~ Sports Medicine ~
Sidelines to Surgery

October 25-26, 2012
Wyndham Grand Pittsburgh Downtown

Be sure to mark your calendar!
UPCOMING POS MEETINGS

October 25-26, 2012
POS 2012 Fall Scientific Meeting
Sports Medicine ~ Sidelines to Surgery
Wyndham Grand Pittsburgh Downtown,
Pittsburgh, PA